



LHTAKO FAMILY CENTRE NEWSLETTER

2025-2026 Lhtako Family Centre Update:

The Lhtako Family Centre continues to grow and thrive providing much needed services to the community.

The Centre offers the following to 60 families.

We have continued to be busy throughout the year.

We have to date 20 staff working on various programs within the Family Centre.

Renovation money has allowed us to install new doors, furnaces and hvac systems.

We are part way through the process of applying for federal funding to build another building to accommodate our new Child, Youth and Family Services programs.

The new building is needed as we will be expanding with up to 15 more staff once we fully complete the transition to own jurisdiction. It will also house a youth centre.

We have been working for the last 2 years on own jurisdiction. A great accomplishment was signing the S92.1 agreement with the Ministry of Child and Family Development. We are now working on our service delivery model, traditional laws and financial plan, which must be in place before the coordination agreement between the provincial and federal government can be signed and files at MCDF closed.

Early Learning Centre:

Offers childcare, and support for children ages 0-12 in an inclusive setting emersed in culture. One staff member is just completing her ELA training and will graduate from NVIT in June. All other staff are at various stages of training. Staff are offered training and mentored in ECE.

We work closely with the local Child Development Centre to aid children and families requiring extra support/ Onsite services include speech therapy, occupational therapy, and access to developmental assessment. 12 children are currently on CDC caseload.

Community Kitchen:

Offering meals Mon-Thursday and snacks for school age children. Also have begun offering workshops for cooking an example is the crockpot workshops where everyone takes home a crockpot.



Family Centre Update Cont'd

Parent Coordinator:

Offers weekly beading classes. Other workshops this year have included felt hats, felting, and medicine making and more. Parental advice and support and referrals to other agencies are available.

Four Pillars

With the aid of our 4 Pillars funding, we have purchased vehicles for the Centre, built a smokehouse and have established funding for the next 20 years to offer culture camps, language classes and food security. This funding assists in providing groceries for the community cupboard and pop-up market. Our first pop-up market was a success with over 40 people attending throughout the day. Our Cultural Coordinator has been offering workshops in salve/medicine making, children's nature walks and a spring break culture camp for the children.

Our language classes are thriving we have purchased chairs for the hall, computers and resources to help implement language within the community.

PMSS

Post Majority Services program began in February. We have 2 new staff to help young adults who have aged out of being in care, we offer financial support, training opportunities etc.

Youth Program:

Youth ages 13-18 can attend. Activities and meals are offered. The program assisted with providing funds to participants who attended the GOV conference.

ELCC Jurisdiction and Governance

The Family Centre was one of only 5 programs to receive this funding. Funding will be used to plan policies and procedures, traditional laws, curriculum planning resources and staff development.

Family Support

Our Family Support Worker assists parents with court appearances, advocacy with MCFD and advocacy with other agencies. We now have some temporary funding to add an assistant due to the large caseload.

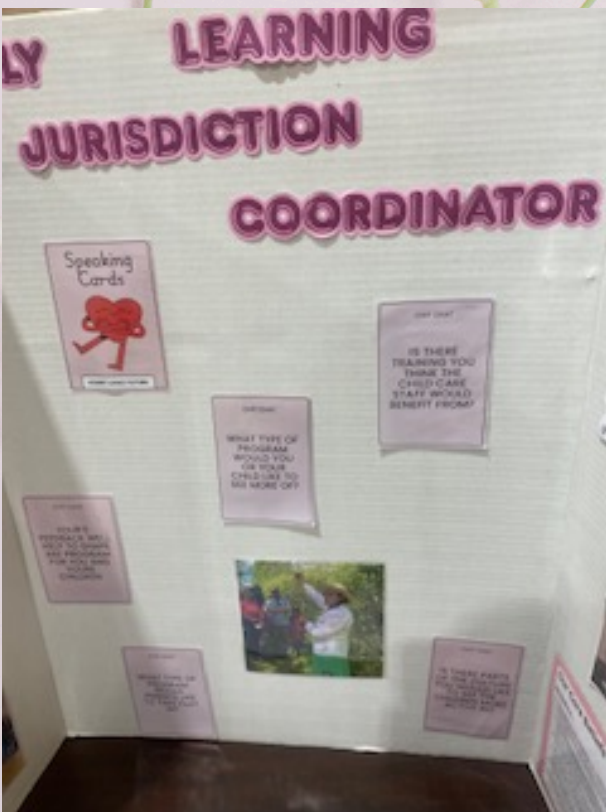
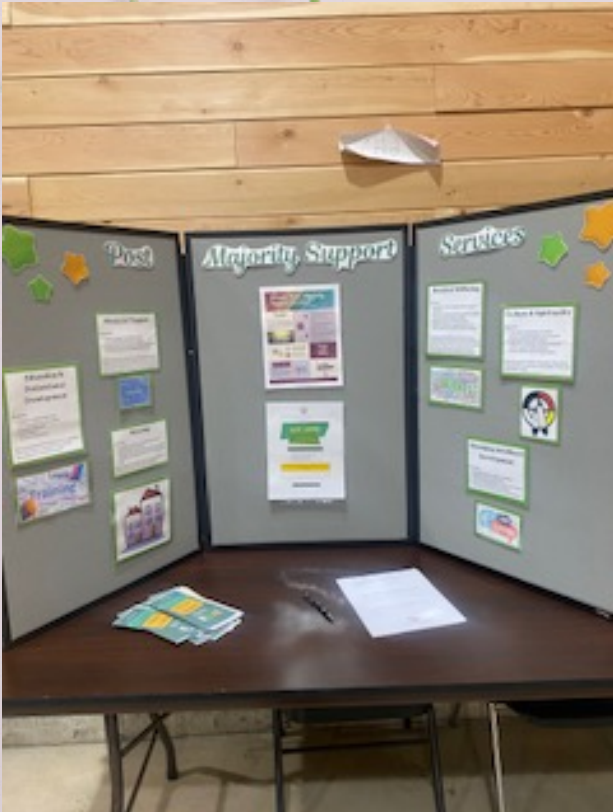
Respectfully submitted

LeDonna Bussineau

Lhtako Family Centre Coordinator

Post Majority and Early Learning Jurisdiction was a success!

There was a good turn out with the community coming and getting information on the services that they have to offer.



What is the PMSS program?

Post-Majority Support Services is a Life & Independence program that is geared toward supporting Lhtako youth ages 19-27 transitioning from care to independence

What to expect?

There will be:

- one on one support
- workshops & camps
- other resources

Clients must:

- Create a plan for goals with workers
- Work toward a goal
- Meet minimum once per month with workers



Lhtako Family Centre

Did you Know

Post-Majority Support Services can help you with your financial needs. If you want to learn how to develop a financial plan, open up a bank account, learn how to budget and manage your money, we can help you one on one or we also offer helpful workshops

POST MAJORITY SUPPORT SERVICES

Services for youth ages 19-27 who have previously been in care

Contact Cheryl at cheryl@lhtako.com or Rosie at rosie@lhtako.com
236-713-2120



LHTAKO FAMILY CENTRE



Easy Nature Hunt

Take a walk together and look for:

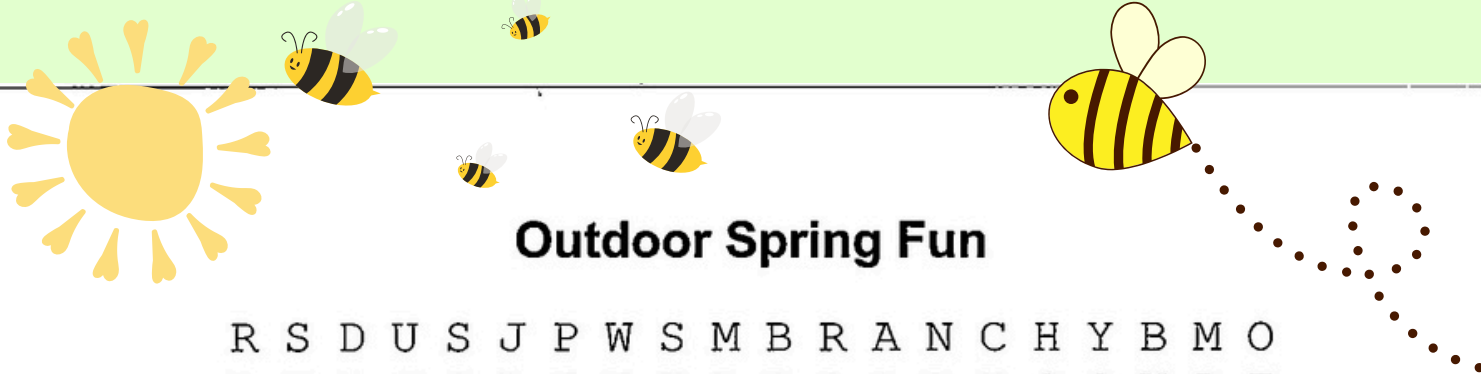
- ☐ Flowers
- ☐ Birds
- ☐ Puddles
- ☐ Bugs
- ☐ Green leaves
- ☐ Clouds

Encourage children to talk about what they see, hear, and smell outdoors.

Easy Indoor Activity:

Rainbow Scavenger Hunt

Pick a colour and search the house for objects that match. Great for toddlers and preschoolers!



Outdoor Spring Fun

R S D U S J P W S M B R A N C H Y B M O
B U B J C R E E K R B R A B H C O W P T
P B W A U O M Z V I R D O M O Q P O E U
E L J J O G M S B C I C K G P U X D T L
L H X J V S A C E J V Y L B V D F A A I
P O L L E N A E Z E K L Z L E H S E L P
S U N N Y P K J V T D F B O G T A M J F
H F T S U V D I L I Z R E S W O R M T A
J J B P Y X M W I C D E E S B C Z C H P
T M Q R A I N C D V D T N O H N H B U W
E W E O F N W K O A H T L M C Y V L N O
N L Z U T E B S F W A U A D B T N O D B
I R Q T F S Z S F N X B V P R O Z O E N
H O Y E V T B B A O A M E J E J W M R I
S I H O B G N U D P U S N B E D Y D G A
N N G J G D E W D R O P D U Z K R A N R
U E V E R G R E E N G N E F E M L I X Q
S X V W A Z J X K U Z R R J E G D S X S
D P G P S Y F U E F Y T G E Q R O Y K X
V Q L C S N C G M N D E N P C V J Z I P

- 1. Bloom 2. Rain 3. Tulip 4. Nest 5. Grass 6. Sunny 7. Petal 8. Seed
- 9. Bee 10. Worm 11. Daisy 12. Blossom 13. Butterfly 14. Meadow 15. Rainbow
- 16. Thunder 17. Breeze 18. Sunshine 19. Dewdrop 20. Sprout 21. Lavender
- 22. Pollen 23. Branch 24. Creek 25. Daffodil 26. Evergreen



Mon Sep 29

STEM Following

Recipes from Christina's Kitchen

CROCKPOT BAKED ZITI

SERVINGS: 6

PREPPING TIME: 5 MIN

COOKING TIME: 3 HOURS

INGREDIENTS

- 1 lb ziti pasta, uncooked
- 3 cups marinara sauce
- 1 cup ricotta cheese
- 2 cups mozzarella cheese, shredded
- 1/2 cup Parmesan cheese, grated
- 1 tsp garlic powder
- 1 tsp Italian seasoning
- Parsley, to garnish

DIRECTIONS

1. Spray the crockpot with cooking spray. Spread 1 cup of marinara sauce on the bottom.
2. Layer half of the uncooked ziti, half of the ricotta, and half of the mozzarella. Repeat the layers.
3. Pour the remaining marinara sauce on top and sprinkle with Parmesan, garlic powder, and Italian seasoning.
4. Cover and cook on low for 3-4 hours until the pasta is tender and the cheese is melted. Garnish with parsley before serving.

Recipes from Christina's Kitchen



Sloppy Joe Recipe

Quick & Easy • 30 Minutes

- 1 lb Ground Beef
- 1 Medium Onion
- 2 Garlic Cloves
- $\frac{3}{4}$ Cup Ketchup
- $\frac{1}{4}$ Cup Tomato Paste
- 2 Tbsp Brown Sugar
- 1 Tbsp Yellow Mustard
- 1 Tbsp Worcestershire
- $\frac{1}{2}$ Tsp Smoked Paprika
- Salt & Pepper
- 4 Hamburger Buns

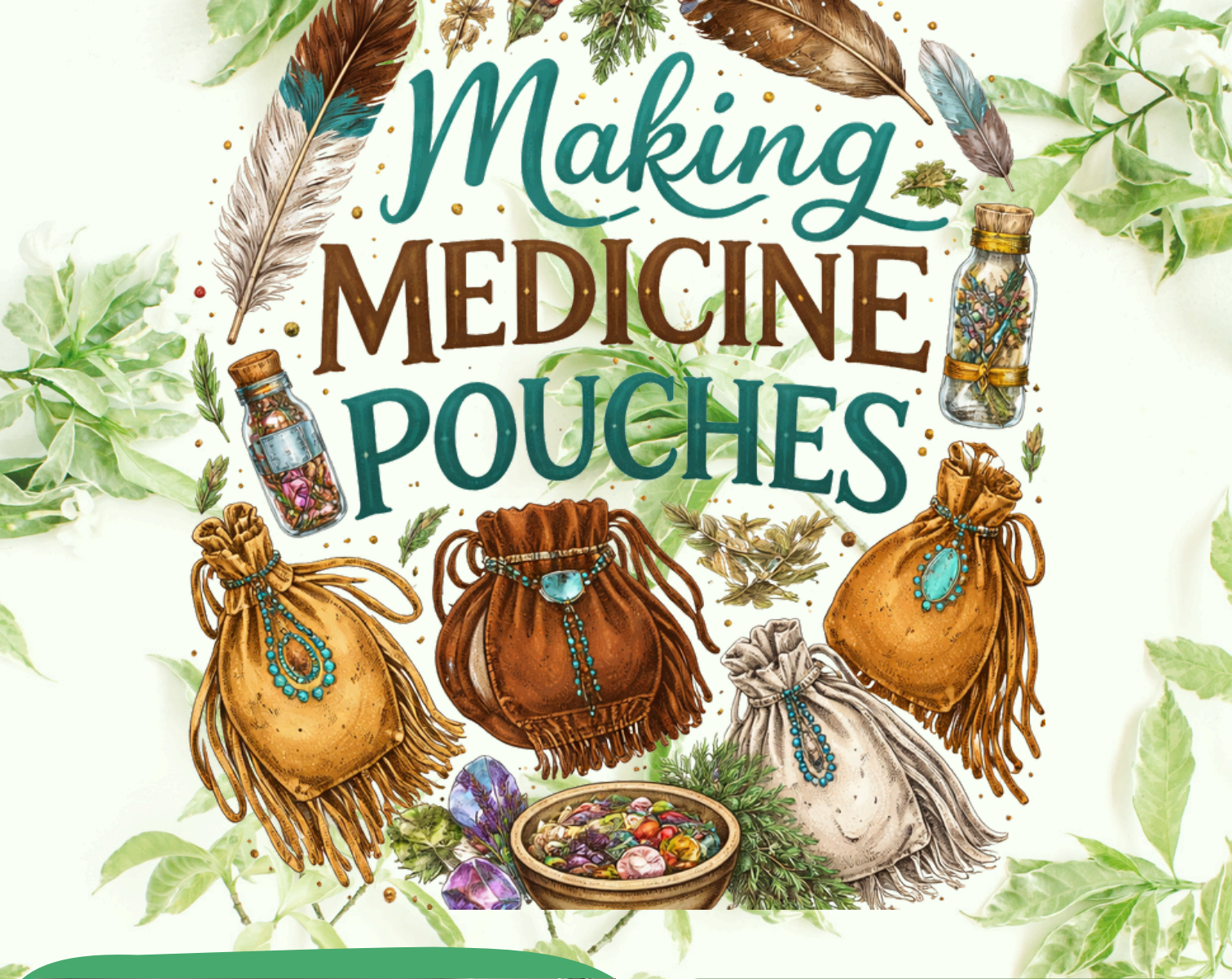
YOUTH DROP IN

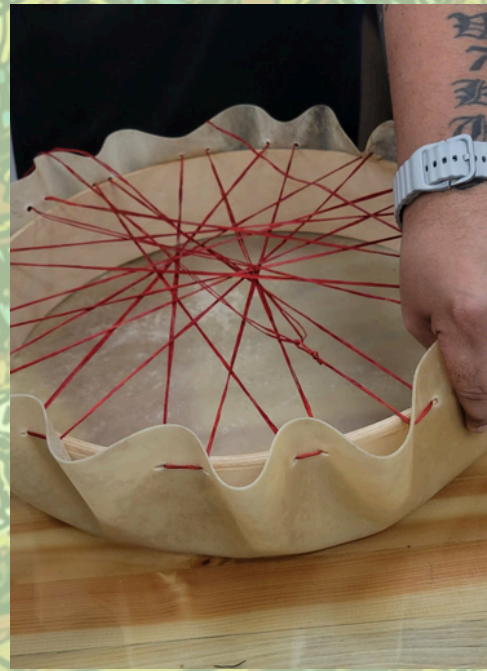
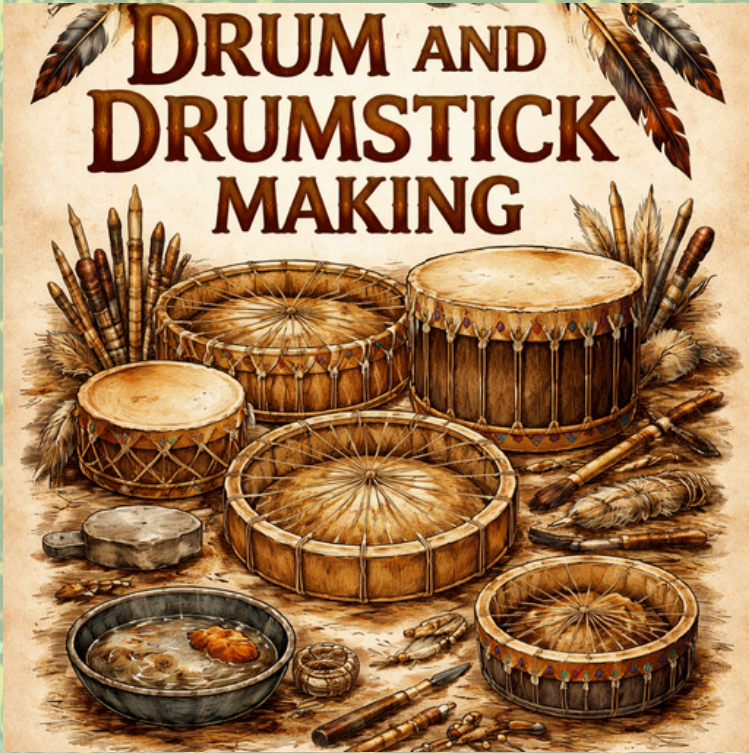
SPECIAL
MOMENTS



BONE CHOKER NECKLACE WORKSHOP PICTURES

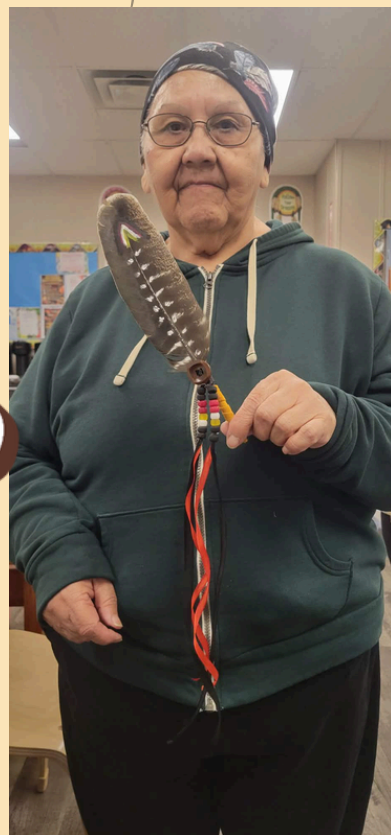








Feather Painting Workshop





JUNE 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Willow Baby Basket 9-4pm @ Longhouse Sewing Language @ 5pm	2 Willow Baby Basket 9-4pm @ Longhouse Bannock Scrapbooking Youth Drop in @ 4-7pm	3 JP Claims helper 9-4pm @ Greenhall Willow Baby Basket 9-4pm longhouse Beading Language @ 5pm	Willow Baby Basket 49-4pm longhouse JP Claims helper 9-4pm @ Greenhall Community Lunch Youth Drop in @ 4-7pm	Closed For Sanitizing	6
7	8 Sewing Language @ 5pm	9 Bannock Scrapbooking Youth Drop in @ 4-7pm	10 @ 5pm Beading Language @ 5pm	11 Community Lunch Youth Drop in @ 4-7pm	12 Closed For Sanitizing	13
14	15 Closed for Staff Development Day	16 Bannock Scrapbooking Youth Drop in @ 4-7pm	17 Beading Language @ 5pm	18 Community Lunch Youth Drop in @ 4-7pm	19 Closed For Sanitizing	20
21	22 Sewing Language @ 5pm	23 Bannock Scrapbooking Youth Drop in @ 4-7pm	24 Community Breakfast Beading Language @ 5pm	25 Year End Party Community Lunch Youth Drop in @ 4-7pm	26 Closed For Sanitizing	27
28	29 Sewing Language @ 5pm	30 Bannock Scrapbooking Youth Drop in @ 4-7pm				

Workshops

- June 1st - June 5th** Willow baby Basket making
Time: 9 - 4pm
Location: Longhouse
- June 3rd & 4th** - Jordan Principle Claims helper
Time: 9 - 4pm
Location: longhouse
- June 15th** - Closed for Staff Development day
- June 25th** - Year End Party
Time: TBA
Location: TBA

