

Lhtako Family Centre NEWSLETTER

Childrens Christmas Party



Lhtako Family Centre Cookie workshop Pictures



Lhtako Family Centre Felt workshop Pictures



Lhtako Family Centre

Making Rendered Bear Grease with Sharon Primeau



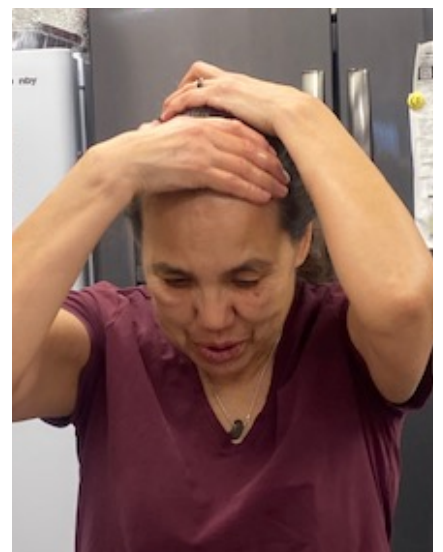
Sharon Primeau
is the Family Centre Cultural
Coordinator.

She was showing us how to render
bear grease.

Bear grease is good for hair
growth and preventing grey hair,
skin, arthritis and pain



Sharon not letting
any of the good
bear grease go to
waste.



Lhtako Family Centre Making Pemmican with Sharon Primeau



Sharon Primeau
showed us how to make
Pemmican.

Pemmican high protein, energy
dense mix of dried berries (we
used wild picked blueberries),
moose meat, and tallow



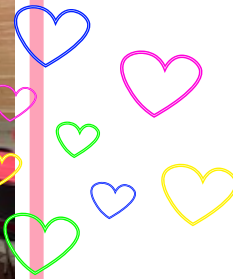
End result



Lhtako Family Centre Own Jurisdiction Journey



Lhtako Own Jurisdiction
Community Engagement
happened on Jan 21st. Kathy
Waddell from Kaniikaniitt
Consulting gave a update on
Lhtako's journey.



Kathy Waddell next visit
will be in mid March.
Dates to be announced
on Family centre
facebook page.

Kathy listened to the
Elders and took notes
in the elder
Jurisdiction meeting.
Elders were
discussing the laws



Lhtako Family Centre Own Jurisdiction Journey

What we have accomplished so far



The Lhtakoh community is very engaged, and many people turn out to have conversations.

Identified community visions and values.

Articulated the Best interest of the Lhtakoh child

Identified the types of services we want to provide

Negotiated a Community Agreement (interim) with MCFD

Draft Service Delivery Model is 80% complete

Working with Signs of Safety

Working of data collection standards

Funding for post-majority support services

Funding for a building

Funding for jurisdiction in Early Learning

Built a website

Come Out and Learn Lhtakoh Syllabics with Guy Prince



Dates: Feb 16, 17, 18 & 19

Location: Longhouse

Time: noon - 8pm



Lunch and dinner will be served

Guy Prince will teach⁶ Syllabics, craft and
drumming in the evening

Bring your drums

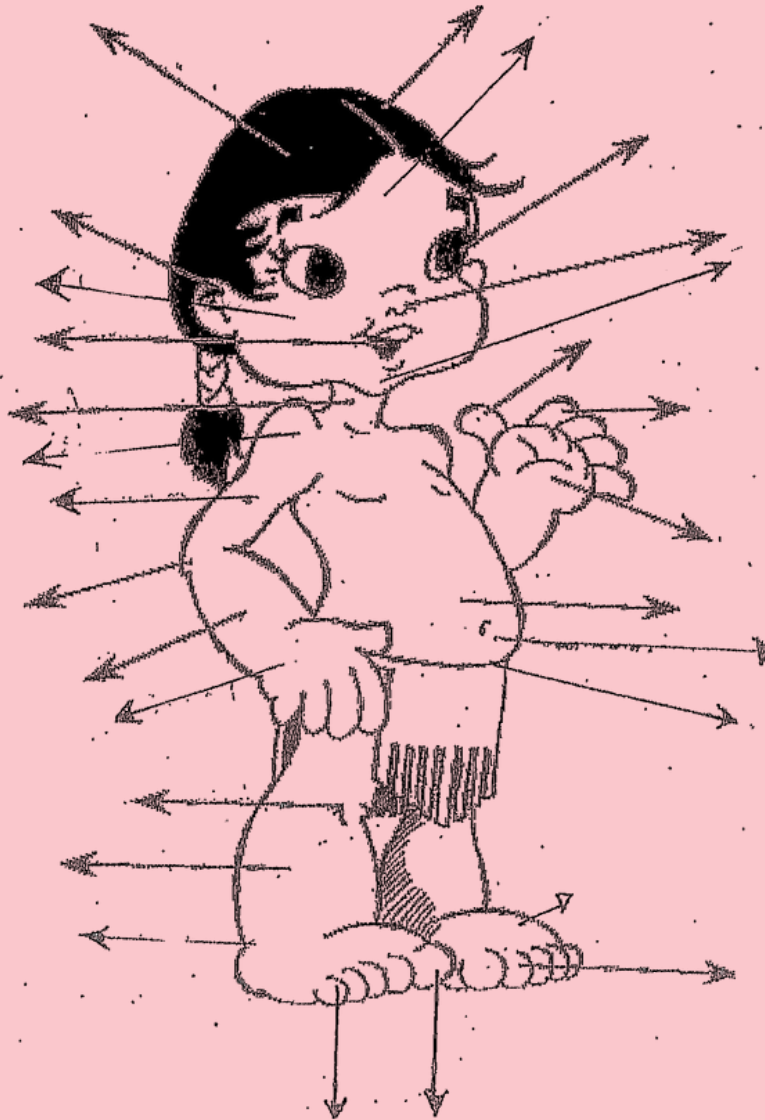


Please Call Family Centre to sign up
236-713-2120

Dakelh Language Activity

Match the right Dakelh word to the right body part

1. Ts'igha
2. Dzo
3. Nen
4. Zek
5. Ts'ilchun
6. Wusdlak
7. Gan oonduk
8. Nadesghuz
9. Gan oonyuk
10. Lant'ak
11. Ts'igwut
12. Kechun
13. Kechunoh
14. Kelamai cho
15. Kelamaiyaz
16. Kelamai
17. Kentak
18. But oonyuk
19. Uk'esmulh
20. But oonduk
21. Laket
22. Laskeg
23. Ninchuz
24. Zets'un
25. Nintsis
26. Na
27. Nintasbut
28. Tsi



Answers will be posted next newsletter

Lhtako Youth Drawing Contest

Water Connects Everything — Bowron Lakes Sign Art Project

Calling all Lhtako Youth Members! Show your creativity and help design new Bowron Lakes interpretive signs that share Lhtako Dene culture, knowledge, and connection to the land.

Theme: Water Connects Everything

Each sign invites visitors to see Bowron Lakes not just as scenery, but as a living system — where water connects land, animals, plants, people, and stories.

CHOOSE ONE SIGN CONCEPT TO DRAW



MAP OF THE AREA

Bowron Lakes map with Lhtako Dene place names



CANOES

Travel, water routes, culture, and connection

SALMON

Life cycle, food, culture, ecosystem connection

ANIMALS

Grizzly • Moose • Beaver — respect and balance

BIRDS

Eagle • Swan • Loon — sky, water, spirit

PLANTS

Berries • Aquatic Plants • Forest Plants — food, medicine, habitat

ART RULES

Open to Lhtako Youth Members

Any style: drawing, painting, digital, or mixed media

Artwork must reflect the theme Water Connects Everything

Include Name • Age • Sign Concept on the back



WHY ENTER?

Selected artwork may appear on official Bowron Lakes signs, sharing Lhtako culture, knowledge, and stewardship with visitors.

Prizes for selected winners!

DEADLINE

March 13 at noon

 **SUBMIT ARTWORK TO:**
Family Centre Reception

